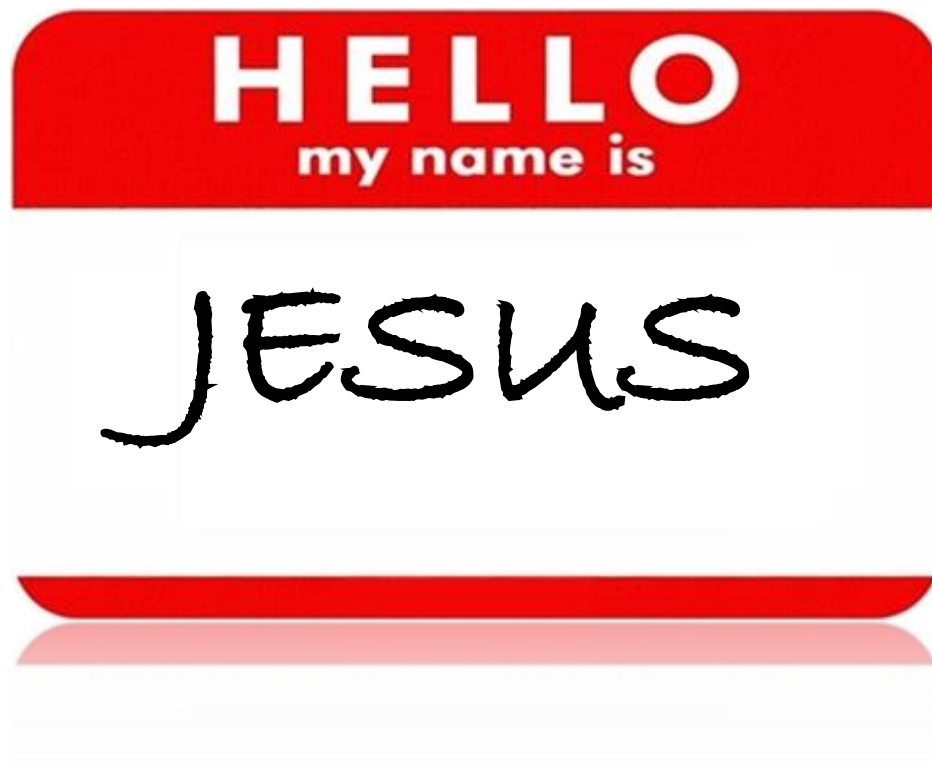


# Mount Calvary Holy Church of Winston-Salem

MCHCWS

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## 40-Day Devotional Guide

*“Maturing in the Knowledge of Jesus Christ”*

## What is Lent?

Lent is the span of time in the church calendar that starts with Ash Wednesday and ends with Easter Sunday.

Ash Wednesday commemorates the beginning of Jesus' 40-day fasting and temptation in the desert, which ends with Easter Sunday commemorating Jesus' resurrection from the grave after his crucifixion.

Lent, then, is generally observed as a time for Christians to reflect, repent, and pray as a way of preparing their hearts for Easter. It is commonly observed by many Christian denominations—Catholic, Anglican, Lutheran, and others—although not every Christian church or denomination does so. Because Lent is not officially instituted in Scripture, observing it isn't in any way a "requirement" of Christianity. However, Christians from many different theological persuasions choose to observe it as a way of focusing their thoughts on Jesus Christ during the Easter season.

How does one observe Lent? It differs from person to person and church to church, but some of the things Christians opt to do to observe Lent include:

- On the first day of Lent (Ash Wednesday), some Christians mark their foreheads with ash as a symbol of sorrow and mourning over their sin. (See Job 42 for an example of ash used as a symbol of repentance.)
- Special worship services, or additions to regular worship services, that focus in various ways on man's need for repentance. This often takes the form of extra Scripture readings and prayer.
- Some Christians choose to give up a habit or behavior during Lent as an exercise in prayerful self-denial. This might range from something as simple as not drinking soda during Lent to a full-blown program of fasting.
- Some Christians commit to a special devotional activity during Lent—for example, daily Scripture reading, regular prayer for a specific person or topic throughout Lent, or volunteer work in their community.

For *Mount Calvary Holy Church of Winston-Salem*, we are asked to have a special devotional activity of reading New Testament Scriptures to learn more about the life-death-burial-resurrection of Jesus Christ. We also encourage maturity in being prayerful, faithful attendance in worship services, and search your heart to determine what habit or behavior you will practice as self-denial. This can be done on the corporate fasting day (Tuesdays) or for the full duration of the 40 days of the Lenten season.

*Excerpts taken from BibleGateway.com, author- Andy Rau of "What is Lent" (February 12, 2012)*

## ***40 Day-Devotional Reading Plan***

<b><u>Day</u></b>	<b><u>Date</u></b>	<b><u>Reading Plan</u></b>	<b><u>Special Events</u></b>
Day 1	Wednesday, February 18, 2015	Matthew 1-2	
Day 2	Thursday, February 19, 2015	Matthew 3-4	
Day 3	Friday, February 20, 2015	Matthew 5-6	
Day 4	Saturday, February 21, 2015	Matthew 7-8	Intercessory Prayer @ 9 am
	<i>Sunday, February 22, 2015</i>	<i>Attend Worship</i>	<i>Sunday Worship Service @ 10 am</i>
Day 5	Monday, February 23, 2015	Matthew 9-10	
Day 6	Tuesday, February 24, 2015	Matthew 11-12	Corporate Fast Day, Bible Study @ 7 pm
Day 7	Wednesday, February 25, 2015	Matthew 13-14	
Day 8	Thursday, February 26, 2015	Matthew 15-16	
Day 9	Friday, February 27, 2015	Matthew 17-18	
Day 10	Saturday, February 28, 2015	Matthew 19-20	
	<i>Sunday, March 1, 2015</i>	<i>Attend Worship</i>	<i>Sunday Worship Service @ 10 am</i>
Day 11	Monday, March 2, 2015	Matthew 21-22	
Day 12	Tuesday, March 3, 2015	Matthew 23-24	Corporate Fast Day, Lenten Revival Service @ 7 pm
Day 13	Wednesday, March 4, 2015	Matthew 25-26	
Day 14	Thursday, March 5, 2015	Matthew 27-28	
Day 15	Friday, March 6, 2015	Mark 1-2	
Day 16	Saturday, March 7, 2015	Mark 3-4	Intercessory Prayer @ 9 am
	<i>Sunday, March 8, 2015</i>	<i>Attend Worship</i>	<i>Sunday Worship Service @ 10 am</i>
Day 17	Monday, March 9, 2015	Mark 5-6	
Day 18	Tuesday, March 10, 2015	Mark 7-8	Corporate Fast Day, Lenten Revival Service @ 7 pm
Day 19	Wednesday, March 11, 2015	Mark 9-10	
Day 20	Thursday, March 12, 2015	Mark 11-12	
Day 21	Friday, March 13, 2015	Mark 13-14	
Day 22	Saturday, March 14, 2015	Mark 15-16	
	<i>Sunday, March 15, 2015</i>	<i>Attend Worship</i>	<i>Sunday Worship Service @ 10 am</i>
Day 23	Monday, March 16, 2015	Luke 1-3	
Day 24	Tuesday, March 17, 2015	Luke 4-6	Corporate Fast Day, Lenten Revival Service @ 7 pm
Day 25	Wednesday, March 18, 2015	Luke 7-9	
Day 26	Thursday, March 19, 2015	Luke 10-12	
Day 27	Friday, March 20, 2015	Luke 13-14	
Day 28	Saturday, March 21, 2015	Luke 15-16	

***Continue to the Next Page.....***

<u>Day</u>	<u>Date</u>	<u>Reading Plan</u>	<u>Special Events</u>
	<i>Sunday, March 22, 2015</i>	<i>Attend Worship</i>	<i>Sunday Worship Service @ 10 am</i>
Day 29	Monday, March 23, 2015	Luke 17-18	
Day 30	Tuesday, Mach 24, 2015	Luke 19-20	Corporate Fast Day, Lenten Revival Service @ 7 pm
Day 31	Wednesday, March 25, 2015	Luke 21-22	
Day 32	Thursday, March 26, 2015	Luke 23-24	
Day 33	Friday, March 27, 2015	John 1-3	
Day 34	Saturday, March 28, 2015	John 4-5	
	<i>Sunday, March 29, 2015</i>	<i>Attend Worship</i>	<i>Palm Sunday: Worship Service</i>
Day 35	Monday, March 30, 2015	John 6-8	
Day 36	Tuesday, March 31, 2015	John 9-11	Corporate Fast Day,
Day 37	Wednesday, April 1, 2015	John 12-14	
Day 38	Thursday, April 2, 2015	John 15-17	
Day 39	Friday, April 3, 2015	John 18-20	
Day 40	Saturday, April 4, 2015	John 21	
	<i>Sunday, April 5, 2015</i>	<i>Attend Worship</i>	<i>Easter/Resurrection Sunday</i>

***MATURE IN THE KNOWLEDGE OF CHRIST;***

***MATURE IN THE WORD;***

***MATURE IN APPLYING THE WORD TO YOUR LIFE!***

